Chapter 2: Theories of Development

# Video Title: Psychology: Reinforcement and Punishment

**Video URL:** <https://www.youtube.com/watch?v=LSHJbIJK9TI>

**Run Time:** 2:51

**Source:** YouTube/Dr. Mindy Rutherford

**Close Caption Available:** Yes

This video provides an overview of positive reinforcement, negative reinforcement, positive punishment, and negative punishment. Each is demonstrated with an example.

Questions:

1. What is a positive reinforcement, and how do we know if something was reinforced?
2. What is a negative reinforcement?
3. What is a positive punishment, and how do we know if something was punished?
4. What is a negative punishment?