Chapter 12: Eating and Feeding Disorders

**Video Title:** “Empty”
**Video URL:** https://youtu.be/P65pajLA9io
**Run Time:** 8:47
**Source:** Tom Smith Films/YouTube
**Closed Caption Available:** No (Russian only on YouTube)

Summary of Video:

Chapter 9 includes information about eating disorders, which can be difficult for people to understand if they have not experienced them. This award-winning short film provides a glimpse of what anorexia can feel like for people who suffer from this disorder. As you watch the video, please answer the following questions:

1. What specific symptoms does Kiera exhibit in the film? Does she meet criteria for anorexia? Why or why not?

2. What societal/media influences are noted in the video? How do these images relate to anorexia and other eating disorders?

3. Who is Anna in the film? What does she represent?