**Video Title:** A Day in the Life with ADHD

**Video URL:** <https://www.youtube.com/watch?v=t32CK5t8d2Q>

**Run Time:** 5:59

**Source:** Charleston Shoe Productions/YouTube

**Close Caption Available:** Yes

Summary of Video:

Chapter 3 talks about Attention-Deficit Hyperactivity Disorder, also known as ADHD. It explores the different features that someone with ADHD can display and how to deal with them. The chapter also describes the 3 symptom clusters of ADHD: inattention, hyperactivity, and impulsivity. This video portrays a male, teenager dealing with ADHD. It goes through his life and shows what a person with ADHD struggles with on a daily basis. As you watch this video, please answer the following questions:

1. What evidence can you find of ADHD? Which symptom clusters are portrayed: inattention,

hyperactivity, and/or impulsivity?

2. How were the other images on the screen being portrayed? What is the meaning of them?

3. How could his teachers, peers, and parents have handled the situations differently?

4. In what ways could he optimally cope with his ADHD?

5. If you were the man in the video, would you have acted the same towards the end? Why or

why not?