**Video Title:** My Battle with Anorexia

**Video URL:** <https://www.youtube.com/watch?v=lqbL-UhhyPk>

**Run Time:** 15:52

**Source:** TEDx/YouTube  
**Close Caption Available:** Yes

Summary of Video:

Chapter 12 explores the different eating disorders that effect both men and women; however, women are ten times more likely to be diagnosed with Anorexia Nervosa than are men. Some researchers believe that this difference in diagnoses is mainly due to the fact that the current diagnostic criteria often overlook the kinds of body image concerns found amongst men with eating disorders. In this video, Dave Chawner, a comic from Great Brittan, describes his battle with Anorexia Nervosa and the various reactions he received from his friends, parents, and strangers when he admitted that he suffered from this mental disorder. As you watch the

video, please answer the following questions:

1. Do you believe that Dave Chawner meets the DSM-5 diagnostic criteria to be diagnosed with Anorexia Nervosa? Why or why not?

2. Researchers have found comorbidity between Anorexia Nervosa and other psychiatric disorders. Is this the case for Dave? If so, what other mental disorder(s) do you believe Dave may be suffering from?

3. There are two subtypes of Anorexia Nervosa: restricting type and binge-eating type. What subtype does Dave suffer from? Use examples from the video to support your answer.

4. In the video, Dave talks about a woman who suggested she could cure him by offering him a bag of potato chips. Do you think Dave would have received the same response if he were a woman? Why or why not? Do you think these types of attitudes keep men who suffer from eating disorders from seeking treatment?

5. In the video, Dave discusses how his parents knew “something was up” but never confronted him and instead sought help from the church. Do you think his parents’ reaction was due to Dave’s gender or the stigmatization surrounding eating disorders? Explain.