Chapter 16: Personality Disorders

**Video Title:** Regina George – Histrionic Personality Disorder  
**Video URL:** <https://www.youtube.com/watch?v=9lxk5IRLysI>   
**Run Time:** 11:23  
**Source:** M.G. Films/Broadway Video/ Stephanie Wills and Elizabeth Gentry/YouTube  
**Close Caption Available:** No

Summary of Video:

This video postulates the notion that the movie character Regina George may suffer from Histrionic Personality Disorder. Regina George is the main antagonist in the 2004 hit movie *Mean Girls*. According to DSM-5, Histrionic Personality Disorder as a pattern of excessive emotionality and attention seeking. The diagnostic criteria state the individual is uncomfortable in situations in which he or she is not the center of the attention. In the movie, Regina is depicted a mean, popular girl who gets what she wants. In the movie, she sabotages her friends, she does not mind if her friends turn against each other (Gretchen, Katy, and Karen), and she makes up rumors about one of her peers (Janis) by saying she is weird. Please answer the following questions after watching the video:

1. Does Regina George meet the diagnostic criteria for Histrionic Personality Disorder in the DSM-5? Why or why not? Be specific about symptoms she exhibits.

2. Why would you NOT diagnose Regina with Antisocial Personality Disorder?

3. What is an example from the video of Regina using impressionistic (dramatic) speech?

4. Why might females be more likely to be diagnosed with this disorder than males?

5. What types of treatments could potentially work well for Regina George’s disorder?