Chapter 6: Consciousness

**Video Title:** The Science of Hypnosis

**Video URL:** <https://www.youtube.com/watch?v=RWMYNTnoEyQ>

**Run Time:** 9:16

**Source:** YouTube/SciShow

**Close Caption Available:** Yes

This video explores hypnosis and if it is just a fun gimmick for stage shows and plot twists or if there just might be more to it.

Questions:

1. Explain the two competing theories of hypnosis.
2. What are the characteristics of a highly hypnotizable subjects?
3. What is top-down processing? How does this relate to hypnosis?
4. List some clinical applications of hypnosis.