Chapter 5: Sensation and Perception

# Video Title: Amazing Body Illusions!

# Video URL: <https://www.youtube.com/watch?v=5KMnZfAvlbQ>

**Run Time:** 7:53

**Source:** YouTube/ The Royal Institution

**Close Caption Available:** Yes

This video demonstrates eight illusions that confuse the body and investigates the sense of proprioception

Questions:

1. What is proprioception?
2. Why might some of these illusions work in some people while others won’t feel the effects of some of these activities?
3. How do these proprioception illusions illustrate the differences between sensation and perception?